



# VERSACLIMBER SM-A (AEROBIC)

SUPERIOR TOTAL BODY CARDIO

VERSACLIMBER

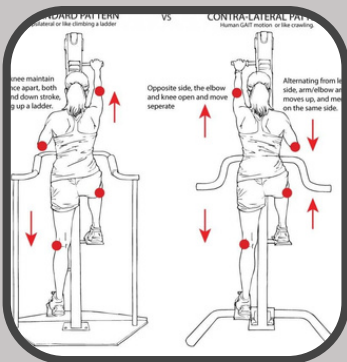


- USED BY ELITE ATHLETES AROUND THE WORLD

IN ALMOST EVERY SPORT, THE ELITES ARE USING VERSACLIMBER TO GIVE THEM THE EDGE. TENNIS LEGEND **AGNIESZKA RADWAŃSKA** LOVES THE VERSACLIMBER AND **LEBRON JAMES** FAMOUSLY CALLED IT HIS 'GIRLFRIEND'

- CLIMBING WORKS MORE MUSCLE GROUPS THAN ANY OTHER ACTIVITY

CLIMBING IS THE TOUGHEST WORKOUT POSSIBLE - IT RECRUITS MORE MUSCLES AND BURNS MORE CALORIES THAN ANYTHING ELSE. 20 MINUTES TRAINING ON A VERSACLIMBER CAN BURN OVER 500 CALORIES



- CONTRA-LATERAL MOVEMENT PATTERN

THIS MOVEMENT IS ALSO KNOWN AS THE GAIT PATTERN, (MOVEMENTS WE DEVELOP FROM CRAWLING TO WALKING AND RUNNING). VERSACLIMBER REQUIRES THE USER TO GENERATE FORCES ACROSS THE BODY. THIS STRENGTHENS PARA-SPINAL MUSCLES TO BUILD 'CORE STRENGTH'

- HEAD HEIGHT MULTI-FUNCTION CONSOLE

THE 108 SMA HAS A COMPUTER CONSOLE WHICH DISPLAYS YOUR WORKOUT DATA INCLUDING CALORIES BURNED, HEART RATE, TIME, DISTANCE, PACE. CHALLENGE YOURSELF TO CLIMB A MONUMENT OR RACE AGAINST A VIRTUAL COMPETITOR





**STEPPER AND CLIMBER IN ONE | VERY HIGH CALORIE BURN | TOTAL BODY WORKOUT | FIXED RESISTANCE | CONTRA-LATERAL MOVEMENT PATTERN | VERY LOW RISK OF INJURY | HEART RATE MONITORING | VIRTUAL LANDMARK & COMPETITOR CHALLENGES | VERY LOW MAINTENANCE | DEVICE LEVELLING SYSTEM | VERY STABLE DESIGN | USED BY BEGINNERS AND PRO ATHLETES**

## **SPECS:**

- BASE: 108 CM x 117 CM
- HEIGHT: 2.38 M
- MASS: 60 KG
- POWER: 110V ac / 220V (European compatible power plug)
- MAX. USER WEIGHT: 160 KG



VERSACLIMBER

*"It's all the fitness you need!"*

